

Belize 2019 Packing List

- Passport and copy of passport for suitcase
- Bible, pen and notebook
- Medical Information/insurance card
- Water Bottle (large mouth for easy cleaning)
- Clothing (see clothing list for details)
- Hat
- Work gloves
- Flashlight
- Current Medications
- Pepto Bismol & Immodium
- Bug Spray
- After Bite
- Anti-bacterial hand sanitizer
- Sunscreen
- Personal toiletries
- Beach towel
- One piece swimsuit
- Roll of toilet paper (in case of emergency)
- Dirty clothes bag
- Money belt
- Wet wipes
- Spending money and travel money
- Air mattress/cot/or Thermarest (we will be sleeping on the floor)
- Sheets and pillow
- Sunglasses

Optional items that might come in handy

- 1 gallon Ziploc bags (great for carrying stuff you want to stay clean and dry)
- Dryer sheets (work great as an additional bug repellent)
- Ear plugs (never know who snores)
- Battery operated fan (every little bit helps)